

What to prepare before class:

## 4. Fried Cauliflower 2025

## Fried Cauliflower

4 servings

Ingredients: About **2LB** of cauliflower **½ cup** of all-purpose flour - adjust if needed **2** eggs **½ cup** of milk **Optionally: 2 cloves** of garlic - peeled and grated **1 cup** of breadcrumbs (preferably Panko breadcrumbs) – adjust if needed

Final touch: Salt and pepper - ideally freshly ground

Tools: Measuring Spoons & Measuring Cups Chef's Knife & Cutting Board Plate 3 Medium Mixing Bowl (about 3 - 4 QT) Small Hand Grater or Garlic Press (for garlic) Whisk Silicone spatula Deep Fryer with Frying Oil or 6 QT (or larger) Pot with 2 - 3 QT of Frying Oil and Thermometer for Deep Frying or Large Sauté Pan or Large Fry Pan ½" Layer of Frying Oil (for shallow frying) or Air Fryer Tongs Food Thermometer Cooling Rack or Paper Towels

<u>Additional preparation steps:</u> No additional preparation steps are needed.



## **Boiled Potatoes with Butter**

4 - 5 servings

Active Time: **20 min.** Total Time: **20 min.** Level of Advancement: **1/5** 

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Boiled Potatoes with Butter is a simple food. And simple food is often the most delicious. A great example is boiled potatoes with a touch of butter.

Ingredients:
2 LB of potatoes - peeled and diced (cubes about ¾")
3 TBSP of butter
½ TSP of salt
Pinch of ground pepper - ideally freshly ground

Tools: Measuring cups and spoons Cutting board and chef's knife Potato peeler Medium pot with lid Colander Silicone spatula

<u>Additional preparation steps:</u> No additional preparation steps are needed.

## **Czech Tartar Sauce**

About 1 ¼ cups

Ingredients: 1 cup of mayonnaise 3 TBSP of dill pickle juice – adjust if needed Pinch of salt Pinch of ground pepper- ideally freshly ground 1 dill pickle - finely diced (do not use sweet pickle) ¼ of medium onion - peeled and finely chopped 1 clove of garlic - peeled and grated

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Tools: Measuring Spoons & Measuring Cups Chef's Knife & Cutting Board Medium Mixing Bowl (about 3 - 4 QT) Whisk Optionally: Lemon Squeezer Small Hand Grater or Garlic Press (for garlic) Silicone Spatula

<u>Additional preparation steps:</u> No additional preparation steps are needed.

Please let me know if you have any questions: tom@cookinghub.com